



School Nurses: Expanding Our Expertise

November 4 & 5, 2011

CONFERENCE LOCATION

Ramada Mall of America
2300 American Blvd. E., Bloomington

ONLINE REGISTRATION NOW AVAILABLE!

Register at: www.minnesotaschoolnurses.org

Online registration is available until Tuesday, October 25, 2011.

Mail-in registration is still available; see form below.

School Nurses: Expanding Our Expertise

November 4 & 5, 2011



CYNTHIA HAYS, PhD

30 years of experience as an innovative educational leader in urban, suburban, public and private educational systems

Join the School Nurse Organization of Minnesota (SNOM) at our annual conference and expand your expertise in areas vital to the health care of students.

Friday, November 4th will feature Cynthia Hays, a national speaker on the subject of educational equality. She will discuss the importance of the school nurse's role to engage in healthy, productive conversations about race, racism, racial disparities in health and in student achievement. The latest information on LGBTQ, autism, and the effects of concussions will also be presented to promote best practice in school nursing.



We will return **Saturday, November 5th** with exceptional topics on the rise in marijuana use, a poison control update, and the most recent information on eating disorders. Please join us in learning more about these complex subject areas that affect the health of so many of our students.

PRECONFERENCE OFFERING - Thursday, November 3
FASD - How to Ask the Tough Questions and Then What?
2-6 p.m.; \$50; Registration is limited; 4.5 CEUs

Fetal Alcohol Spectrum Disorders (FASD) affects us all. Come prepared to broaden your skill set on strategies to improve outcomes for young children with a FASD. This session, facilitated by the Minnesota Organization on Fetal Alcohol Syndrome (MOFAS), will provide an overview of the impact of alcohol and drug exposure on students and explores the rationale for screening for prenatal alcohol/drug exposure in school settings. Participants will also identify specific strategies for discussing alcohol use during pregnancy with mothers of students. There will be time for information sharing as well as interactive exercises that pertain to the strategies learned for supporting students.

Conference brochure and information also available at: www.minnesotaschoolnurses.org

SNOM Annual Conference Registration

Name: _____ **Email:** _____

Position: _____ **Employer/School District Name:** _____

Address: _____

Home Phone: () _____ **Work Phone:** () _____

COST FOR SNOM CONFERENCE NOVEMBER 4 & 5; PLEASE CHECK ONE:

	SNOM Member	Non-Member	Student/Retirees
Friday only	_____ \$120	_____ \$160	_____ \$60
Saturday only	_____ \$90	_____ \$130	_____ \$45
Both days	_____ \$200	_____ \$280	_____ \$100

PRE-CONFERENCE OFFERING NOVEMBER 3, 2-6 PM:

FASD _____ \$50

SATURDAY LUNCHEON

Please join us for the awards luncheon on Saturday. To help in planning let us know if you plan to attend :

_____ Yes _____ No

\$ _____ **TOTAL AMOUNT ENCLOSED** Include an additional fee of \$20 if postmarked after October 21, 2011 (no conference refunds after October 21, 2011). SNOM conference registration fee covers breakfast, lunch and refreshments for each day and resource materials. Late registrants are not guaranteed all handouts. **Please note if you have any special dietary requests:** _____

For those using traditional registration, mail conference form and check to: SNOM conference, ATTN: Nancy Hass, 25340 Nacre St. NW, St. Francis, MN 55070. Make checks payable to: *SNOM Annual Conference 2011*. **No purchase orders accepted.**

CEU's: This seminar is designed to meet the Minnesota Board of Nursing requirements for licensure renewal. A certificate of attendance for 7.2 contact hours will be given for Friday and 4.8 contact hours for Saturday for a total of 12.0 contact hours.

CONFERENCE INFORMATION

NEW FOR 2011: Online Registration & Poster Session!

SCHOLARSHIPS

SNOM Fall Conference scholarships are available; deadline is October 21, 2011. For more information, contact Mary Heiman at 612-668-0853 or email at mary.heiman@mpls.k12.mn.us.

CONFERENCE QUESTIONS

Please contact Mary Aarness at 763-753-2138 or email maarness@msn.com

ROOM RESERVATIONS

Contact the Ramada Mall of America, directly at 952-854-3411 or 1-800-272-6232; room rate is \$89 plus tax. (Reduced rate for reservations is available until October 13. After this date guests will be accommodated on a space and rate available basis.)

So many reasons to get excited about our location, Ramada Mall of America, in November:

- Early Holiday Shopping: Mall of America (MOA) coupon book included with your room stay

- Free MOA Shuttle from the Ramada
- Newly renovated guest rooms
- Large indoor pool area with whirlpool

Ramada Mall of America
2300 American Blvd. E.
Bloomington, MN 55425

TO JOIN SNOM & NASN VISIT:
www.nasn.org/Home/Becomeamember

Friday, November 4

7:30 a.m.	Registration/Breakfast
7:30-8:30 a.m.	Exhibits: Over 40 exhibitors with a wide-range of equipment, products, and/or other services vital to school nurse practice.
8:30-8:45 a.m.	Welcome and Announcements
8:45-10:45 a.m.	What's Race Got to Do with It? School Nurses as Leaders for Educational Equity and Excellence <i>Cynthia Hays, PhD</i>
10:45-11:15 a.m.	Break/Exhibits/Posters
11:15-12:30 p.m.	Creating a Welcoming Health Office: Strategies for Supporting LGBTQ Students and their Families <i>Jessi Tebben</i>
12:30-1:30 p.m.	Lunch/Exhibits
1:30-3:00 p.m.	Kids with Autism Spectrum Disorder in the Nurse's Office: How Can We Help? <i>Tami Childs, PhD</i>
3:00-3:15 p.m.	Break/Exhibits/Posters
3:15-4:30 p.m.	Traumatic Brain Injury-Return to School <i>Mark E. Gormley, Jr., MD</i>
4:30-4:45 p.m.	Wrap-Up/Prizes/CEUs
4:45 p.m.	Hospitality Room Event: Please join other conference participants for a relaxed time of socialization and fun! Appetizers will be served.

Saturday, November 5

7:30-8:00 a.m.	Registration/Breakfast
8:00-8:30 a.m.	SNOM Board Meeting
8:30-10:00 a.m.	Marijuana Use in Adolescents <i>Charles Reznikoff, MD</i>
10:00-10:15 a.m.	Break
10:15-11:30 a.m.	The Poison Center: A Valuable Resource for the School Nurse <i>Steven Setzer, RPh</i>
11:30-12:45 p.m.	Eating Disorders: How You Can Help <i>Jillian Lampert, PhD, MPH, RD, LD, FAED</i>
1:00 p.m.	Lunch and awards: Join us for the SNOY, SNAOY, Scholarship recipient, and special recognition awards

Session Descriptions: November 4 & 5

FRIDAY, NOVEMBER 4

What's Race Got to Do With It? Schools Nurses as Leaders for Educational Equity and Excellence

Speaker: Cynthia Hays, PhD

Dr. Hays has nearly 30 years of experience as an innovative educational leader in urban, suburban, public and private educational systems. This session will allow attendees to develop an understanding of the historical and contemporary impact of institutionalized racism and other forms of structural oppression that give rise to persistent and perpetual racial disparities in health, education and welfare for students of color. Dr. Hays will introduce the use of Deep Dialogue-Mindful Listening Protocol. Attendees will also develop a personal and professional plan of action that enables school nurses to leverage their role as leaders for racial equity to make needed changes in public education so that the health, welfare and learning needs of underserved students of color can be met and racial disparities in health and achievement can be eliminated.

Creating a Welcoming Health Office: Strategies for Supporting LGBTQ Students and their Families

Speaker: Jessi Tebben

Ms. Tebben, coordinator for Minneapolis Public Schools' Out4Good Program, will discuss LGBTQ youth developmental challenges. Through this presentation, attendees will be able to also identify resources for LGBTQ students and their families.

Kids with Autism Spectrum Disorder in the Nurse's Office: How Can we Help?

Speaker: Tami Childs, PhD

Dr. Childs, a psychologist, has worked in the public schools for 15 years supporting educational professionals in working with students with autism spectrum disorder (ASD) and is involved in the evaluation, treatment and program planning of students with ASD across the age span. In this session, participants will understand the underlying difficulties and related behaviors exhibited by students with ASD. Attendees will also learn how to proactively interact and assist students with ASD.

Traumatic Brain Injury-Return to School

Speaker: Mark E. Gormley, Jr., MD

Dr. Gormley is a pediatric, rehabilitation-medicine physician at Gillette. He treats children and adolescents who have cerebral palsy, brain injuries, spinal cord injuries, neuromuscular disorders and other conditions. Concussions in youth are a hot topic that has dominated the news. In this presentation, participants will be able to identify the common signs of concussions and know the approaches to manage concussions.

SATURDAY, NOVEMBER 5

Marijuana Use in Adolescents

Speaker: Charles Reznikoff, MD

Dr. Reznikoff works at Hennepin County Medical Center in the general medicine department and addiction division. Following this presentation, participants will be able to identify the short- and long-term consequences of early marijuana use and identify the underlying risks in adolescents that predispose them to unhealthy use patterns.

The Poison Center: A Valuable Resource for the School Nurse

Speaker: Steven Setzer, RPh

Mr. Setzer is a pharmacist and certified specialist in poison information and has worked the poison center for 27 years consulting on poison exposures for the public and healthcare professionals. Participants will understand the concerns of medications and current substances of abuse used commonly by middle and high school students. Attendees will also identify when and how to use the poison center. In the presentation, Setzer will highlight many common exposures the poison center is consulted about by school nurses.

Eating Disorders: How You Can Help

Speaker: Jillian Lampert, PhD

Dr. Lampert brings expansive experience to The Emily Program's clinical, research, education, and program development areas. Through this presentation the participant will understand the basis of eating disorders and how to help a student in a comforting, soothing way.

Program & Planning Committee

Program & Planning Committee:

Mary Aarness (Retired: St. Francis) Co-Chair

Judy Bandy (Minnetonka)

Mary Bielski Heiman (Minneapolis) Co-Chair

Kari Feia (Minneapolis)

Gail Hansen (Minneapolis)

Lillian Levine (St. Francis)

Ann Lumbar (Minneapolis)

Bobbi Pointer (Hopkins)

Patty Rezabek (Retired: Minnetonka)

Melinda Thomas (Rosemount-Apple Valley-Eagan)